

Eight Ways of Being Smart

Intelligence Area	Is strong in:	Likes to:	Learns best through:
Verbal-Linguistic	reading, writing, telling stories, memorizing dates, thinking in words.	read, write, talk, memorize, work at puzzles.	reading, hearing and seeing words, speaking, writing, discussing and debating.
Math-Logic	math, reasoning, logic, problem-solving, patterns.	solve problems, question, work with numbers, experiment.	working with patterns and relationships, classifying, categorizing, working with the abstract.
Spatial	reading, maps, charts, drawing, mazes, puzzles, imaging things, visualization.	design, draw, build, create, daydream, look at pictures.	working with pictures and colors, visualizing, drawing.
Bodily-Kinesthetic	athletics, dancing, acting, crafts, using tools.	move around, touch and talk, body language.	touching, moving, processing knowledge through bodily sensations.
Musical	singing, picking up sounds, remembering melodies, rhythms.	sing, hum, play an instrument, listen to music.	rhythm, melody, singing, listening to music and melodies.
Interpersonal	understanding people, leading, organizing, communicating, resolving conflicts, selling.	have friends, talk to people, join groups.	sharing, comparing, relating, interviewing, cooperating.
Intrapersonal,	understanding self, recognizing strengths and weaknesses, setting goals.	work alone, reflect, pursue interests.	working alone, doing self-paced projects, having space, reflecting.
Naturalist	understanding nature, making distinctions, identifying flora and fauna.	be involved with nature, make distinctions.	working in nature, exploring things, learning about plants and natural events.

Adapted from Howard Gardner's Theory of Multiple Intelligences